

Abstract

The purpose of this study is to analyze bariatric weight loss surgery (BWLS) Education Nurses' (EdBSNs) narrated perceptions regarding their patient encounters. Social Cognitive Theory (SCT) is the theoretical foundation. This mixed methods study uses semi-structured, open-ended interviews that include recalled patient indicators. These interviews explore personal viewpoints and professional ideas relating to patient interactions. The study's design is mixed methods, and the study's approach is narrative, which will use storytelling with in-depth individual interviews. Storytelling allows for the expression of personal viewpoints and professional ideals related to patient interactions. Few studies focus specifically on BWLS health professional-patient interactions. Studies point out the need for patient-provider impacts for individual health and lifestyle management. A health professional's viewpoint could be influential to patient treatment and transition throughout the patient's BWLS process. The purpose of this study is to understand better how BWLS HP-patient interactions throughout the BWLS process, the surgery, and patient support continuum impact treatment, care, and outcomes of BWLS patients. This study is significant for several reasons: 1. because BWLS is a recommended tool to combat obesity using Social Cognitive Theory; 2. enable better patient understanding of the issues surrounding the choice for and against BWLS; and 3: improved health professional-patient communications resulting from a more knowledgeable, receptive healthcare workforce.